



# TIPS AND TRICKS

## Potty Training Twins:

*The first step is to **breathe** and have **patience**. Remember, potty training one child is tough, you are potty training two! This process is a change for both you and your child, it will take time but it will all be worth it in the end.*

🍃 It is easier and more efficient to start potty training both children at the same time.

🍃 If you can get an extra hand, it will be a little less challenging. Hire a babysitter or ask your mom, friend or your partner for assistance. It is difficult for one person to focus on two children.

🍃 Let your kids go bottomless for the day, easier for them and less laundry & clean up for you!

🍃 Use rewards & praise instead of sticker charts for twins. You should avoid comparing their progress, therefore charts and other comparisons shouldn't be used.

🍃 Try to get your children on a similar schedule.

🍃 Expect a mess!

